

Yoga Maya Fusion Retreat

March 18 - 25, 2010



Gaia Spirituality Center at Hacienda San Lucas

PER PERSON PACKAGE PRICES:

Single occupancy:	\$ 1975
Double occupancy:	\$ 1565
Triple occupancy:	\$ 1445

REGISTER TODAY!

Info@seedoflightcopan.com

Info@haciendasanlucas.com

PRICE INCLUDES:

- 6 Nights Accommodation
- Daily Yoga Instruction (Kripalu Certified), mats and props provided
- Special Meditative Tour through Archaeological Site, Includes entry to main site and Sculpture Museum
- Guided Meditation at Scribal Palace Complex
- 4 gourmet candlelit dinners, 3 lunches
- Temazcal (Maya Sweat Lodge) at Spa Ixchel
- Luna Jaguar Hot Springs Tour
- Local transportation in Copan for arrival, departure, and special tours
- All applicable taxes and 10% gratuity for hospitality services

Please Note:

AumRak and her Elemental Initiations can be included in this retreat. Activities would include Fire Ceremony, Vidanza (a creative and exploratory healing dance), and two Shamanic Journeys. She would also be available for private consultation, and Maya Oracle readings. With sufficient interest she will come from Guatemala and we will integrate our work, making a truly unique experience.

To compliment your stay, we offer many unique options.

WELLNESS

Seed of Light: Healing Energy Massage, Healing Sound Therapy
Spa Ixchel : Steam Bath, Mountain Mud Wrap

NATURE/ADVENTURE

Macaw Mountain Bird Park
Enchanted Wings Butterfly Sanctuary
Horseback Riding, Waterfalls, Hiking
Zip-line, Motorcycle Tours

CULTURAL INTEREST

Community Tours and Visits, run by a local tour guide
Children's Museum and Community Art Gallery
Archaeological Presentation and Dinner (for larger groups)



Maya Temazcal at Spa Ixchel